

ON STAGE SCHOOL OF DANCE

BUILDING OUR DANCE FAMILY FOR 29 YEARS



March 2024



What a great dance season this has been so far! Dancers are gearing up for their performances in our spring recital May 17-19*. Congratulations to our Company members who attended their first competition of the season and took home many awards! Spring break will be here soon, the studio will be closed March 25th-March 31st. Also, we are now accepting ads for our recital program book. Don't forget to register for summer classes, camps, and intensives! Remember to check out the "Parents" section of our website! As always, thank you SO MUCH for being a part of the On Stage family.



Reminder: Costume and recital fees are due by March 1st in order for dancers to receive their costumes.

*Recital Schedule attached

Recital Program ADS for Sale!

Congratulate your favorite dancer or advertise your business in our recital program book! We have 6 shows, filling up the Carolina Theater each show, that is a lot of visibility for your business! Our program is available in both digital and hard copy format. Available in full page, 1/2 page, 1/4 page, and business card sizes. Ads can be purchased in the office or in your parent portal.

Send pictures or information to onstageads17@gmail.com

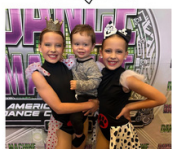
Congratulations Ohara!
I am so Proud of you.
This is your Golden Hour!

Looking for your next home?
Call Me 336-448-4148
Make Get You Moving!

Mira Claire Boutique
"Dress Your Fairytale"

MiraClaireBoutique.com

Good luck Lila and Lucy!



I have loved watching you dance this year!
Love, Cooper (Your biggest fan!)



THE ERAS TOUR



Disney WISH



Barbie YOU CAN BE ANYTHING



Now registering for summer!

We have something for everyone this summer... camps, classes, and intensives for all ages!

For more information please see the **Summer forms below** or visit OnStageSchoolofDance.com

Recital 2024!

Our rehearsals and recitals will be held at the Carolina Theater in downtown Greensboro the week of May 14-19. See the recital schedule attached to find your rehearsal and recital times.



New On Stage Apparel!

Check out our studio store to purchase your On Stage Gear!

<https://osddolphins.itemorder.com/shop/category/99452/>



Winter Weather

In case of inclement weather, we do not always follow the school system. Please call the studio to see if classes are running on a normal schedule.

336-841-0931



Please consider donating to The David Mann Foundation in honor of our late tap teacher, Mr. David. He was a huge part of the On Stage Family and we are proud to support the foundation in his name. This foundation supplies dancers with scholarships to further their dance education.

Reminder →

Costume and Recital Fees

Reminder that costume and recital fees are due March 1st. These fees must be paid in full for dancers to receive their costumes.



DANCE HOLIDAYS:

Spring Break: The studio is closed Monday, March 25- Sunday, March 31. Classes will resume Monday, April 1

**We always have class on teacher workdays.*

DANCE RECITAL:

Rehearsals and recitals are scheduled for May 14-19, 2024 at the Carolina Theatre in downtown Greensboro. **See the recital schedule attached to find your recital time!**

IMPORTANT DATES:

March 1st- Costume and recital fees have been posted to all accounts and are due in full by March 1st in order for dancers to receive their costumes.

Have a question? Email us any time @OnStageSchoolofDance@gmail.com

Recital 2024

	A Show	B Show	C Show	D Show	E Show	F Show
3 & 4's	Mon 6:00	Tues 6:00 Sat 10:00	Tue 9:30 Wed 5:45	Tues 5:00 Wed 6:30	Thurs 5:30	
5 & 6's	Mon 4:15 Mon 6:00	Tues 6:00 Sat 10:45	Thurs 4:30 Wed 5:45	Tues 4:15 Wed 6:30	Thurs 4:00	
7 & 8's	Mon 5:00	Tues 6:00 Sat 11:30	Tues 4:00 Wed 5:45	Tues 5:00 Wed 6:30	Thurs 4:00	
9-11's	Mon 4:30	Tues 4:30	Wed 6:00	Wed 4:15	Thurs 6:30	
Intermediates			Mon 6:45			
Hip Hop	Mon 6:15	Tues 6:45 Tues 7:15	Mon 8:15 Wed 4:45	Wed 7:30		
Musical Theater				Thurs 5:45	Thurs 5:00	
Liturgical						Thurs 4:45
Level 1 Classical Ballet					Thur 5:00	
Adults	Tues 6:45			Wed 6:45		
Rehearsal	Tues May 14 5PM	Tues May 14 6:30PM	Wed May 15 5PM	Thur May 16 5PM	Thur May 16 6:30PM	
Recital	Fri May 17 6PM	Sat May 18 10AM	Sat May 18 2 PM	Sat May 18 7 PM	Sun May 19 2PM	Sun May 19 5PM

Summer 2024!

www.onstageschoolofdance.com

6 week session June 10-July 26

**Closed the week of July 4*

We offer classes for dancers of all ability levels.

All classes are 45 minutes

1 class =\$80 2 classes =\$150 3 classes =\$225 unlimited classes=\$280

	MON	TUES	WED	THURS
3 & 4 yr – Ballet, Tap,		6:00		6:00
Tumbling 5 & 6 yr – Ballet &		6:45		6:45
Tap <i>No special clothing or shoes required</i>		7:30		
Jazz				
Ages 6-9 Hip Hop				6:00 (5-9) 6:45 (10 &up)
Tap	5:30 (9-11) 6:15 (12 &up)			
Leaps & Turns	6:15 (8-10) 7:00 (11-13) 7:45 (14 & up)			7:00(14&up) 7:45 (11-13)
Tumbling & Flexibility	5:30 (6-11) 6:15 (10-13) 7:00 (6-9) 7:45 (14 &up)			
Technique and Conditioning Ages 10 & up				8:30
Contemporary - Ages 10 & up				6:15
Classical Ballet - Ages 10 & up	7:00 Conditioning with Ballet using Progressive Ballet Technique 7:45*pre-pointe			7:00 II/III 7:45 III/IV 8:30 pointe

*Schedule is tentative and subject to change. *requires teacher recommendation*

Summer Dance Camps 2024!

We offer many different summer camp options each ending with a performance of the new skills and routines your dancer learned throughout the week. Each camp has a theme centered around all the things we love. Dance camps offer students the opportunity to learn new skills, improve dance technique, performance opportunities, and exercise while having fun and doing something they love.

Camps are offered from 9am-12pm daily

Cost of Dance Camp = \$125.00/week.

A \$25.00 deposit will hold your space! The remaining tuition is due prior to the first day of camp.

Don't delay, last year camps sold out!

-Register before March 31st and use promo code *summer24* to receive a \$25 discount

-Register for 4 weeks and get the 5th week 1/2 price

-Need before or after camp care? We've partnered with Bizi Kids and our campers receive a discounted rate!

You may register online at <https://dancestudio-pro.com/online/onstage>

*You Can **B**e Anything-A Barbie Inspired Camp-(ages 4-8) June 10-14*

Inspired by the hit movie Barbie, we will make crafts, learn fun dances, and have a blast becoming the best version of ourselves. We will perform the fun routines we have learned for parents and friends on Friday.

My Favorite Princess Camp (ages 4 & up) June 17-21

Each day will focus on a different princess. We will learn fun dances to their iconic music and create fun arts and crafts for our final showcase on Friday. Who's your favorite? Elsa, Rapunzel, Moana, Cinderella?

Fun with Bluey & Cocomelon (ages 4 & up) June 24-28

Let's have fun with Bluey & Cocomelon Learn dances and make crafts themed around everyone's favorite tv show and songs. A performance on Friday will showcase it all.

Eras- A Taylor Swift inspired Camp (ages 4 & up) July 8-12

Calling all Swifties....let's have some fun with Taylor Swift inspired Eras camp-crafts, friendship bracelets and dances to Taylor's music! We'll showcase it all with a performance on Friday!

Wishes and Dreams Camp (ages 4 & up) July 15-19

Inspired by the hit movie "Wish" we will learn fun dances and create beautiful arts and crafts. Invite family and friends to our showcase on Friday.

2024!

Check out our **SUMMER INTENSIVES for ages 10 & up!**

Register online <https://dancestudio-pro.com/online/onstage>

A \$25 deposit is required to hold your space and will be deducted from the total cost of the intensive.

Deposits are non-refundable but are transferable!

Audition Prep and Challenge with Sydney Lee Mann May 29 –31 6pm-8pm \$75

Interested in auditioning or becoming a member of a competitive team? This 3-day course will give you the tools to fly to the top and prepare you for the audition process. Students will take technique classes, learn combinations, and have the opportunity to take place in a mock audition. Dancers will be divided into groups based on age and ability. Students shall receive feedback to gain an understanding of their weaknesses and strengths.

Contemporary Intensive with Justin and Dawn Mann June 10-12, 1pm-4pm \$75

Contemporary dance is defined as a fusion of dance genres. Come learn from two of the top choreographers in our area. If you loved our “Take it To Jesus” routine, come learn from the team that created it. You are guaranteed to be challenged, inspired, and fulfilled as a dancer.

Dance Team Clinic with the NC State Dance Team June 15 1pm-3:30pm \$65

Come out and learn from some of the best collegiate dancers in the world. Explore pom, technique, turns, progressions, and flexibility. Find out what it takes to make the team and what is expected as a college dance team member.

Strength, Flexibility & Injury Prevention with Tamia Cofield-July 13 & 14 1pm-4pm \$50

Is your goal to have all three splits, a gorgeous tilt, or to simply touch your toes? Are you flexible, but lack alignment and control? Would you like to acknowledge your body’s weakness and learn how to prevent injuries? If you answered yes to any of these questions, then this is the intensive for you! Students will learn exercises to enhance flexibility, build strength, and gain endurance. Different techniques will be used to develop awareness of placement and students will learn how to work on these new skills at home while strengthening areas of concern.

Ballet Intensive with Julianna Luchau July 15-17 1pm-4pm \$75

How many times have you heard, “Keep working on your ballet technique”? Ballet builds a foundation for all other dance genres. Not only does it aid, and enhance performance ability in other dance forms, it also provides strength and control for gymnastics, skating, and all other sports. If you want a boost to your competition scores, come spend some time improving your technique!

Stage Performance & Commercial Dance with Cassidy Fields August 1-3 1pm-4pm \$75

Bringing the West Coast style and training back home! Learn new styles, be challenged and inspired to grow as a dancer and a storyteller through movement. Artistry, passion, and technique will be the focus as we explore what it takes to be a professional dancer.

On Stage + David Mann Foundation Convention August 17-18 \$225

We are excited to announce a new in-house convention with a twist. We will be bringing in some of the top choreographers and talent available for a fun and educational workshop; the proceeds will support the David Mann Foundation.

Registration may be completed online at <https://dancestudio-pro.com/online/onstage>

On Stage School of Dance 3745 Admiral Dr, High Point, NC 27265 336-841-0931