# ON STAGE SCHOOL OF DANCE

BUILDING OUR DANCE FAMILY FOR 30 YEARS!



July 2024



Summer is in full swing at On Stage! Thank you to everyone who has joined us over the summer for classes, camps, and intensives so far. We still have many fun camps coming up as well as intensives... there are always opportunities to grow!

#### **EXCITING ANNOUNCEMENT:**

We are thrilled to announce that we will once again be putting on a Holiday Show!

This year's performance will be "All Aboard the ON STAGE Express". This performance opportunity is open to ALL dancers age 5 and up. See below for more details!

Fall registration is now open! Take a look at our website:

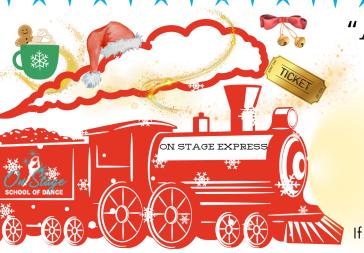
http://www.onstageschoolofdance.com/fall-class-schedule.html to view our fall classes.

To register visit: https://dancestudio-pro.com/online/index.php?account\_id=5037

Reminder: The studio is closed July 1-5th in celebration of Independence Day. Classes will resume July 8th.







 $^{\prime\prime}$  ALL ABOARD THE ON STAGE EXPRESS

We are excited to announce our holiday show for 2024, "ALL ABOARD THE ON STAGE EXPRESS"! This is a wonderful performance opportunity open to all dancers age 5 and up!

Come be a part of the fun!

AUDITIONS: July 27th, 2pm (free to audition)
DRESS REHEARSAL: December 5th, 5:30
SHOW DATES: December 6th, 10am and 6pm
Practice schedule tbd.

If cast, there will be a \$120 cast fee that includes all rehearsals, costumes, and one ticket to the show.

#### **FALL REGISTRATION NOW OPEN!**

We are now registering for our fall classes that run September-May. To view our full class listing visit: http://www.onstageschoolofdance.com/fall-class-schedule.html.

To register visit: https://dancestudio-pro.com/online/index.php? account\_id=5037

Our fall schedule is attached below!





## **Summer CAMPS at On Stage!**

Our summer camps are so much fun!

Due to overwhelming popularity, we have added a third week of "Eras"

camp July 29-August2!

If your dancer has been waiting for this one, don't delay!

Register here: https://dancestudio-pro.com/online/onstage



#### **Summer INTENSIVES**

This summer is STACKED with opportunities for growth!

Our summer intensives are *intense* in the best way! Our amazing instructors will push you to new heights while offering encouraging feedback. If you want to take your dance ability to the next level look no further than On Stage!

ages 10 and up

For more info and to register visit OnStageSchoolofDance.com

\*See Summer Intensive form attached below

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#### Nationals 2024!

Congratulations to our dancers who attended Star Talent Nationals! Our dancers spent the week in Myrtle Beach representing On Stage at the National dance competition level. We are so proud of all of the awards earned, but even more fun to watch was the hard work, comradery, sportsmanship, and willingness to grow!

We are incredibly proud of you!







Have a question? Email us any time @OnStageSchoolofDance@gmail.com

Summer happenings at On Stage!



## Summer 2024!

#### www.onstageschoolofdance.com

6 week session June 10-July 26

\*Closed the week of July 4

We offer classes for dancers of all ability levels.

All classes are 45 minutes

1 class =\$80 2 classes =\$150 3 classes =\$225 unlimited classes=\$280

	MON	TUES	WED	THURS
<b>3 &amp; 4 yr</b> – Ballet, Tap,		6.00		6:00
Tumbling <b>5 &amp; 6 yr</b> – Ballet &		6:45		6:45
Tap No special clothing or shoes required		7:30		
Jazz				
Ages 6-9				6:00 (5-9)
Нір Нор				6:45 (10 &up)
Тар	5:30 (9-11)			
	6:15 (12 &up)			
Leaps & Turns	6:15 (8-10)			7:00(14&up)
	7:00 (11-13)			7:45 (11-13)
	7:45 (14 & up)			
Tumbling & Flexibility	5:30 (6-11)			
	6:15 (10-13)			
	7:00 (6-9)			
	7:45 (14 &up)			
Technique and Conditioning				8:30
Ages 10 & up				
Contemporary - Ages 10 & up				6:15
Classical Ballet - Ages 10 & up	7:00 Conditioning with Ballet using Progressive Ballet Technique 7:45*pre-pointe			7:00 II/III 7:45 III/IV 8:30 pointe

Schedule is tentative and subject to change. \*requires teacher recommendation

## **Summer Dance Camps 2024!**

We offer many different summer camp options each ending with a performance of the new skills and routines your dancer learned throughout the week. Each camp has a theme centered around all the things we love. Dance camps offer students the opportunity to learn new skills, improve dance technique, performance opportunities, and exercise while having fun and doing something they love.

Camps are offered from 9am-12pm daily Cost of Dance Camp = \$125.00/week.

A \$25.00 deposit will hold your space! The remaining tuition is due prior to the first day of camp. Don't delay, last year camps sold out!

- -Register before March 31st and use promo code summer24 to receive a \$25 discount
- -Register for 4 weeks and get the 5th week 1/2 price
- -Need before or after camp care? We've partnered with Bizi Kids and our campers receive a discounted rate!

You may register online at https://dancestudio-pro.com/online/onstage

## You Can $oldsymbol{B}$ e Anything-A Barbie Inspired Camp-(ages 4-8) June 10-14

Inspired by the hit movie Barbie, we will make crafts, learn fun dances, and have a blast becoming the best version of ourselves. We will perform the fun routines we have learned for parents and friends on Friday.

My Favorite Princess Camp (ages 4 & up) June 17-21

Each day will focus on a different princess. We will learn fun dances to their iconic music and create fun arts and crafts for our final showcase on Friday. Who's your favorite? Elsa, Rapunzel, Moana, Cinderella?

Fun with Bluey & Cocomelon (ages 4 & up) June 24-28

Let's have fun with Bluey & Cocomelon Learn dances and make crafts themed around everyone's favorite tv show and songs. A performance on Friday will showcase it all.

Eras- A Taylor Swift inspired Camp (ages 4 & up) July 8-12, July 22-26, July 29-Aug 1

Calling all Swifties....let's have some fun with Taylor Swift inspired Eras camp-crafts, friendship bracelets and dances to Taylor's music! We'll showcase it all with a performance on Friday!

Wishes and Dreams Camp (ages 4 & up) July 15-19

Inspired by the hit movie "Wish" we will learn fun dances and create beautiful arts and crafts. Invite family and friends to our showcase on Friday.

# 2024!

### Check out our SUMMER INTENSIVES for ages 10 & up!

Register online <a href="https://dancestudio-pro.com/online/onstage">https://dancestudio-pro.com/online/onstage</a>

A \$25 depositis required to hold your space and will be deducted from the total cost of the intensive.

Deposits are non-refundable but are transferable!

#### Audition Prep and Challenge with Sydney Lee Mann May 29 –31 6pm-8pm \$75

Interested in auditioning or becoming a member of a competitive team? This 3-day course will give you the tools to fly to the top and prepare you for the audition process. Students will take technique classes, learn combinations, and have the opportunity to take place in a mock audition. Dancers will be divided in to groups based on age and ability. Students shall receive feedback to gain an understanding of their weaknesses and strengths.

Contemporary Intensive with Justin and Dawn Mann June 10-12, 1pm-4pm \$75

Contemporary dance is defined as a fusion of dance genres. Come learn from two of the top choreographers in our area. If you loved our "Take it To Jesus" routine, come learn from the team that created it. You are guaranteed to be challenged, inspired, and fulfilled as a dancer.

Dance Team Clinic with the NC State Dance Team June 15 1pm-3:30pm \$65

Come out and learn from some of the best collegiate dancers in the world. Explore pom, technique, turns, progressions, and flexibility. Find out what it takes to make the team and what is expected as a college dance team member.

Strength, Flexibility & Injury Prevention with Tamia Cofield-July 13 & 14 1pm-4pm \$50 Is your goal to have all three splits, a gorgeous tilt, or to simply touch your toes? Are you flexible, but lack alignment and control? Would you like to acknowledge your body's weakness and learn how to prevent injuries? If you answered yes to any of these questions, then this is the intensive for you! Students will learn exercises to enhance flexibility, build strength, and gain endurance. Different techniques will be used to develop awareness of placement and students will learn how to work on these new skills at home while strengthening areas of concern.

#### Ballet Intensive with Julianna Luchau July 15-17 1pm-4pm \$75

How many times have you heard, "Keep working on your ballet technique"? Ballet builds a foundation for all other dance genres. Not only does it aid, and enhance performance ability in other dance forms, it also provides strength and control for gymnastics, skating, and all other sports. If you want a boost to your competition scores, come spend some time improving your technique!

**Stage Performance & Commercial Dance with Cassidy Fields August 1-3 1pm-4pm \$75** Bringing the West Coast style and training back home! Learn new styles, be challenged and inspired to grow as a dancer and a storyteller through movement. Artistry, passion, and technique will be the focus as we explore what it takes to be a professional dancer.

#### On Stage + David Mann Foundation Convention August 17-18 \$225

We are excited to announce a new in-house convention with a twist. We will be bringing in some of the top choreographers and talent available for a fun and educational workshop; the proceeds will support the David Mann Foundation.

Registration may be completed online at <a href="https://dancestudio-pro.com/online/onstage">https://dancestudio-pro.com/online/onstage</a> On Stage School of Dance 3745 Admiral Dr, High Point, NC 27265 336-841-0931

#### On Stage School of Dance

	Mon	Tue	Wed	Thur	Fri	Sat
2 yr old Program (30 min)				6:15 PM		
3 & 4 yr olds Ballet, Tap, Tumbling (45 min)	6:00 PM	5:00pm 6:00pm	5:45pm 6:30 pm	5:30 PM		10:00 AM
5 & 6 yr olds Ballet & Tap (45 min)	4:15pm 6:00pm	4:15pm 6:00pm	5:45pm 6:30pm	4:00 PM		10:45 AM
7 & 8 yr olds Ballet, Jazz, Tap (1 hr)	5:00 PM	4:00pm 5:00pm 6:00pm	5:45pm 6:30pm	4:00 PM		11:30 AM
9-11 yr olds Ballet, Jazz, & Tap (1.5 hr)	4:30 PM	4:30 PM	4:15pm 6:00pm	6:30 PM		
Intermediates	6:45pm (l) 7:15pm (j) 7:45pm (t)					
Leaps and Turns		6:30 PM ages 10 +				
Liturgical				4:45pm ages 10 +		
Musical Theater				5:00pm ages 5-8 5:45pm ages 8-12		
Нір Нор	6:15pm ages 9-12 8:15pm ages 13+	6:45pm ages 5-6 7:15pm ages 7-9	4:45pm ages 5-8 7:30pm ages 9-12			
Acrobatics/ Tumbling & Flexibility	4:45pm 5:30pm (5-9)		5:00pm (5-9) 7:15pm level II			
Adults		6:45pm(l) 7:15pm(j) 7:45pm(t)	6:45pm(l) 7:15pm(j) 7:45pm(t)			
Classical Ballet	3:00 II 4:00pm PBT 4:45pm III 5:45pm II/III 6:45 beg pointe 7:15pm III 8:15 Pointe III			4:30 PBT 5:00pm I 5:15pm IV 6:15pm Pointe 7:00pm IV 8:00pm IV		
Teams*	5:00pm* 5:45pm* 6:30pm* 7:15pm* 8:15pm*			5:00pm* 5:45pm* 6:30pm* 7:15pm* 8:00pm*		
Shining Stars For differently abled children		5:00 PM				
Ballet and Creative Movement *Sensory Friendly*		4:30 PM				
Tuition Rates= 30 min =		1hr = \$60/mo	1.5hrs = \$68/mo	2hrs = \$72/mo	2.5 hrs = \$80/mo	3hrs = \$90/mo